



# Ranger & Wilderness Ranger

## LEVEL REQUIREMENTS



### Personal Growth

1. Be in Grade 8 or its equivalent.
2.
  - a. Develop your devotional life by studying the Weekly Devotional Guide (weeks 40 – 52) and the book of John utilizing printed or electronic resources.
  - b. Journal your thoughts by asking questions like:
    - “What did I learn about God?”
    - “What did I learn about myself?”
    - “How can I apply this to my life today?”
    - “What in this text is meaningful to me?”
    - “What is the theme in the verses I read?”
 You may journal through writing, drawing or electronic process.
3.
  - a. Memorize the Pathfinder Law.
  - b. Illustrate your understanding of the Pathfinder Law in an interesting way.
4. Learn the meaning of the AY Emblem.



### Spiritual Discovery

1. Participate in a Bible marking program on the inspiration of the Bible.
2. Memorize the 10 Commandments in Exodus 20:3-17.
3. Read the 13 Baptismal Vows of the Seventh-day Adventist Church and share why each of them is important.
4. Read *The Pathfinder Story* (current edition)

#### Advanced for Spiritual Discovery

1. Complete Ranger requirements.
2. Read/Listen to *Steps To Jesus*.
3. Study and discuss two of the following life issues with your Ranger group and an adult: Gossip, Lying, Profanity, The Worldwide Web, STD's.



### Serving Others

1. Fulfill requirements #7 and #8 of the Serving Communities Honor.
2. Fulfill requirement #9 of the Serving Communities Honor.

#### Advanced for Serving Others

1. Complete Ranger requirements.
2. Fulfill requirement #1 of the Serving Communities Honor.



### Making Friends

1. Role-play the story of the Good Samaritan and think of ways you can serve your neighbors and carry out three of your ideas.
2. Fulfill requirements #1, #5, and #10 of the Family Life Honor.

#### Advanced for Making Friends

1. Complete Ranger requirements.
2. Complete the Family Life Honor, if not previously earned.



### Health and Fitness

1. Learn the value of divine power & rest by:
  - a. For 5 consecutive days, spend eight minutes each day in a quiet spot (no electronics, books or distractions) and reflect on ways God has touched your life during the last 24 hours.
  - b. Share what you liked and didn't like about your quiet time with a friend or your group.
  - c. Keep a sleep log for seven days.
  - d. Find an article on how a lack of sleep affects the body and make a presentation about what you have learned (are you getting enough sleep?).
  - e. Read these texts: Ex. 31:17; Ez. 20:20; Isa. 58:13 & 14; Matt. 12:11 & 12.
  - f. Discuss with your group, How will I keep the Sabbath so it will be a meaningful experience in my relationship with God and positively impact my physical health?

2. Earn the First Aid Honor.

3. Complete the Basic Water Safety **OR** Beginner Swimming Honor, if not previously earned.

#### Advanced for Health and Fitness

1. Complete Ranger requirements.
2. Participate in a lifestyle fitness program for your age such as:
  - President's Challenge Active Lifestyle Program
  - Live Healthy Bermuda Kids
  - Or similar program



### Nature Study

1.
  - a. Read two articles from science that relate to the laws of nature.
  - b. Review the story of the Ten Commandments.
  - c. Perform three experiments, which demonstrate the natural laws of God (e.g. law of gravity, law of magnetism)
2. **Lichens/Shells** Make an “eternal garden.” **OR** Collect and identify 15 different shells and tell where they may be found.

#### Advanced for Nature Study

1. Complete Ranger requirements.
2. **Insects/Wild Flowers** Collect and mount 15 species of insects representing at least six different orders. **OR** Draw, photograph or collect pictures of 20 kinds of wild flowers and identify correctly.
3. Complete a nature honor not previously earned. (Skill level 2 or 3)



### Outdoor Living

1. Complete requirements #1-11b of the Hiking Honor.
2. Earn the Camping Skills IV Honor.



### Honor Enrichment

1. Complete one honor at your skill level, not previously earned, in the area of Arts & Crafts or Household Arts. (Skill level 2 or 3)
2. Complete one honor at your skill level, not previously earned, in the area of Recreational, Vocational, or Outdoor Industries. (Skill level 2 or 3)